

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Juan Frouws**

Has successfully participated & completed the  
**4km Dirkies Bergpretloop/Trailrun in Magalies**  
held at John Voster High School.

**TIME 00:50:40**

**PACE 12:39/km**

**GENDER 153 of  
215**

**OVERALL 378 of 524**

**40 - 49 27 of 36**

09 August 2018, Thu

Date



*BoutTime*

Signature

